## PUBLIC HEALTH HAPPENINGS

#### **COVID & Flu Update**

The Rock Island County Health Department is continuing to administer the Flu and Moderna COVID-19 vaccines during the winter season. Call **309-794-7080** to make an appointment. Please bring your insurance card with you. You can get both vaccinations at the same time. There is some financial assistance available for those who are uninsured or their insurance doesn't cover vaccinations.

The Illinois Department of Public Health released a new Infectious Respiratory Disease Surveillance Dashboard which will be updated weekly on Friday afternoons. This tool will provide the public with the latest data on hospital visits, lab test positivity, seasonal trends & demographic data. Refer to this website for additional information:

https://www.illinois.gov/news/press-release.29400.html

There are a few practices to keep in mind while gathering with friends and family during the colder months. Wash your hands frequently, stay home if you are sick, cover your coughs and sneezes & wear a mask in crowded places.

The federal government announced that as of November 20<sup>th</sup>, every household in the U.S. is eligible to receive four free at-home tests through the <u>COVID.gov</u> website.

## The Rock Island County 24/7 Disease Reporting (309) 794-7085

#### <u>Elevated levels of Lead Found in</u> Cinnamon Applesauce Pouches

The U.S. Food & Drug Administration has been investigating the high levels of lead that was determined to have come from the cinnamon in a common snack given to young children. In early November, the FDA issued a nation-wide recall on several brands of this product. To date—there have been 385 total cases in 42 states. Federal, state & local health departments are currently working together to set stricter guidelines and action limits on the level of lead to keep our food standards high.

#### **Symptoms of Lead Poisoning**

- ⇒ Abdominal pain, constipation & nausea
- ⇒ Anemia
- ⇒ Weakness & fatigue
- ⇒ Severe neurological symptoms If parents suspect their children may have been ex-

posed to lead, they should consult their pediatrician.

Please refer to the FDA's website for more information regarding this matter





#### Rock Island County Statistics August 2023-October 2023 Chlamydia 202 Hepatitis A 0 Lyme disease 1 Gonorrhea 2 West Nile 1 75 Hepatitis B 8 Zika (confirmed) 0 **Syphilis** 18 Hepatitis C Histoplasmosis Legionellosis 1 Salmonellosis 8 1 Pertussis (Whooping Cough) 0 Campylobacteria 10 Shigellosis 0 Influenza w/ Rabies, Potential 1 Malaria 3 33 ICU hospitalization Human/Animal Exposure



#### Rock Island County Health Department

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Please Welcome our new Public Health Administrator—George Verástegui.

Mr. Verástegui moved from Mendocino County in California, where he was the Senior Program Manager for the Women, Infants & Children (WIC) program. He comes to us as a Medical Graduate and holds a master's degree in public health from the University of San Francisco.

#### February is...

- \* Heart Health Awareness Month
  - \* Black History Month
- Teen Dating Violence
   Awareness Month
- Youth Mental Health
   Awareness Month



We are offering free gun safety locks until we run out of them. They are available at the Main Office & the WIC Department.



#### Salmonella Outbreak in Cantaloupes

Fresh, whole cantaloupes and prepackaged, cut-up cantaloupes were on a recall order at the end of November. The investigation has been closed per the U.S. Food & Drug Administration. This Salmonella outbreak had a total case count of 407 illnesses from 44 states. Please discard any frozen or pre-cut (snack packs) cantaloupe from the later fall season.

https://www.cdc.gov/salmonella/sundsvall-11-23/index.html

#### Water Testing Fees

Coliform Bacteria	\$40	\$60
Coliform Bacteria/Nitrates	\$80	\$100
Coliform Bacteria/Nitrates/Nitrites	\$100	\$120
Nitrates Only	\$40	\$60
Nitrates/Nitrites	\$60	\$80
For more information—call 309-558-2840		
(second column is for pick-up of sample)		

### Save-the-Date

The Quad Cities Regional Disaster Conference will be held on April 2<sup>nd</sup>, 2024 @ The Quad Cities Waterfront Convention Center Bettendorf, IA

Prevent. Promote. Protect.

# The Rock Island County Medical Reserve Corps (MRC) is looking for Volunteers

The mission of the Rock Island County MRC is to recruit, train and maintain a group of volunteers to assist with Public Health emergency response activities.

Volunteers may assist the RICHD during emergencies such as a tornado, a pandemic or a catastrophic event. Training will be provided to volunteers to improve our preparedness level and to increase emergency response efficiency.

The Rock Island MRC grew from 180 to 252 volunteers early into the pandemic. They supported a drivethrough vaccination clinic. At their peak, COVID-19 vaccination clinics in February and March of 2021 served more than 1,100 visitors per clinic weekly. MRC volunteer roles included parking assistance, visitor check-ins, temperature checks, vaccination, post-vaccination observation and data entry. The Rock Island MRC was given mention in the journal—Health Security in the fall of 2023.

If you would like more information or are interested in volunteering for this organization, please refer to: https://www.richd.org/medical-reserve-corps.php or contact:

> Kate Meyer, MRC Coordinator (309) 558-2945 kmeyer@rockislandcountyil.gov

