

# EASIER TO USE

We're here to help give babies and children a healthy start

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This institution is an equal opportunity provider.



**Public Health**  
Prevent. Promote. Protect.

Rock Island County  
Health Department

# ABOUT WIC

- WIC gives babies and children a healthy start. Our supplemental nutrition program provides information on healthy eating and breastfeeding, nutritious food, and referrals to health care and other services for income-eligible pregnant women, new mothers, infants, and children up to age 5.



# WE'RE HERE TO HELP

- More than half of all infants in Rock Island County participate in WIC.
- WIC foods shown by research to reduce premature births and infant deaths, improve maternal health, boost performance at school, and save in healthcare costs.
- WIC participants spend about \$2 million a year in Rock Island County.
- Participating Illinois Quad-City stores include Hy-Vee, Jewel, Walmart, Fareway, Target, and several Mexican grocery stores. CVS and Walgreens are for pharmacy purchases only.



# HEALTHY FOOD AND MORE

- Healthy foods at no cost, including fresh, frozen or canned fruits and vegetables, milk, cheese, peanut butter, healthy cereals, beans, eggs, tuna, baby food, infant formula, bread
- Breastfeeding support and breast pumps
- Nutrition counseling and education
- Health and developmental screenings
- Lead screenings
- Referrals to other community resources



# #WICBUMP EXPANDS FRUIT/VEGGIE PURCHASING POWER

- Through Sept. 30
- Growing appetite to make permanent
- Children: \$24 monthly
- Pregnant/postpartum: \$43 monthly
- Breastfeeding: \$47 monthly
- Any nonpackaged, non-deli fresh fruits and vegetables are included



# GETTING STARTED

## What to bring with you (non-pandemic process)

- Proof of identify, including driver's license, library card, LINK card, bank debit card
- Proof of residency from last 30 days, including a piece of official mail
- Proof of income, including paycheck stubs, Social Security letter, LINK card
- Planning to return to normal clinic operations in July

### Income guidelines

| Family size*<br>Pregnant woman counts as 2 | Yearly income | Monthly income | Weekly income |
|--|---------------|----------------|---------------|
| 2  | \$32,227      | \$2,686        | \$620         |
| 3  | \$40,626      | \$3,386        | \$782         |
| 4  | \$49,025      | \$4,086        | \$943         |
| 5  | \$57,424      | \$4,786        | \$1,105       |
| 6  | \$65,823      | \$5,486        | \$1,266       |

More than 6 people: Call 309-794-7070 to see if you qualify

Monthly child tax credit payments do not count as income

# FARMERS MARKET PROGRAM

- Farmers Market program runs from early July through October.
- Each family can get \$20 in coupons to spend at Illinois markets.
- Coupons can't be used in Iowa.

**THERE'S TIME TO USE  
YOUR WIC FARMERS  
MARKET CHECKS**

**Moline**  
Moline Farmers Market  
SouthPark Mall  
8 a.m. to 2 p.m. Saturday

**East Moline**  
Skate City Farmers Market  
11th Street and  
Avenue of the Cities,  
8 a.m. to noon Wednesday  
and Saturday

**Milan**  
Miss Amy's Garden and Gifts  
9915 Ridgewood Road  
9 a.m. to noon Saturday

Look for this sign  
FARMERS' MARKET CHECKS  
ACCEPTED HERE

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provider.

# ROCK ISLAND COUNTY WIC MOVED TO EBT CARD IN AUG. 2020





# HOW EBT WORKS

- Shop from WIC Authorized Food List and your shopping list provided at your appointment
  - New foods: bulger, plain or flavored yogurt, tofu
- Benefits given for up to 3 months
- Must call WIC every 3 months for benefits to continue
- Clinic visits with child needed every 6 months
- Benefits do not carry over to the next month
- Card safeguarded with 4-digit PIN
- Store receipt and smartphone app shows benefit balance

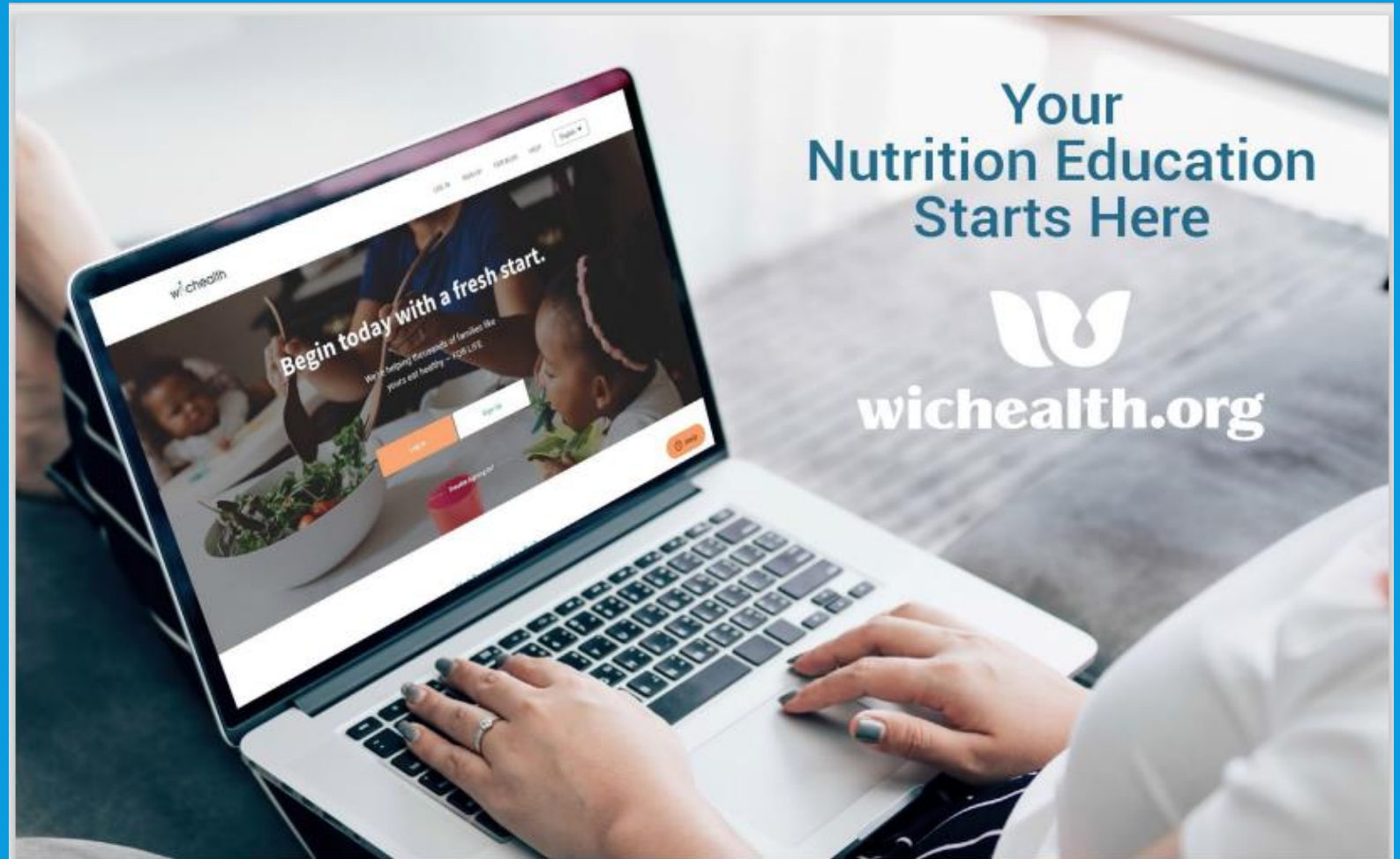


# WHAT TO EXPECT

- Normal process returning in July. Must come into office every 6 months with child.
  - Weight/height of child
  - Check iron levels
  - Questions about child's diet
- In-office appointments normally take about an hour. Could be longer when we restart.
- Nutrition visits are usually about 15 minutes. Online and telephone visits are offered.
- We're here to answer any questions you have about your and your child's health.

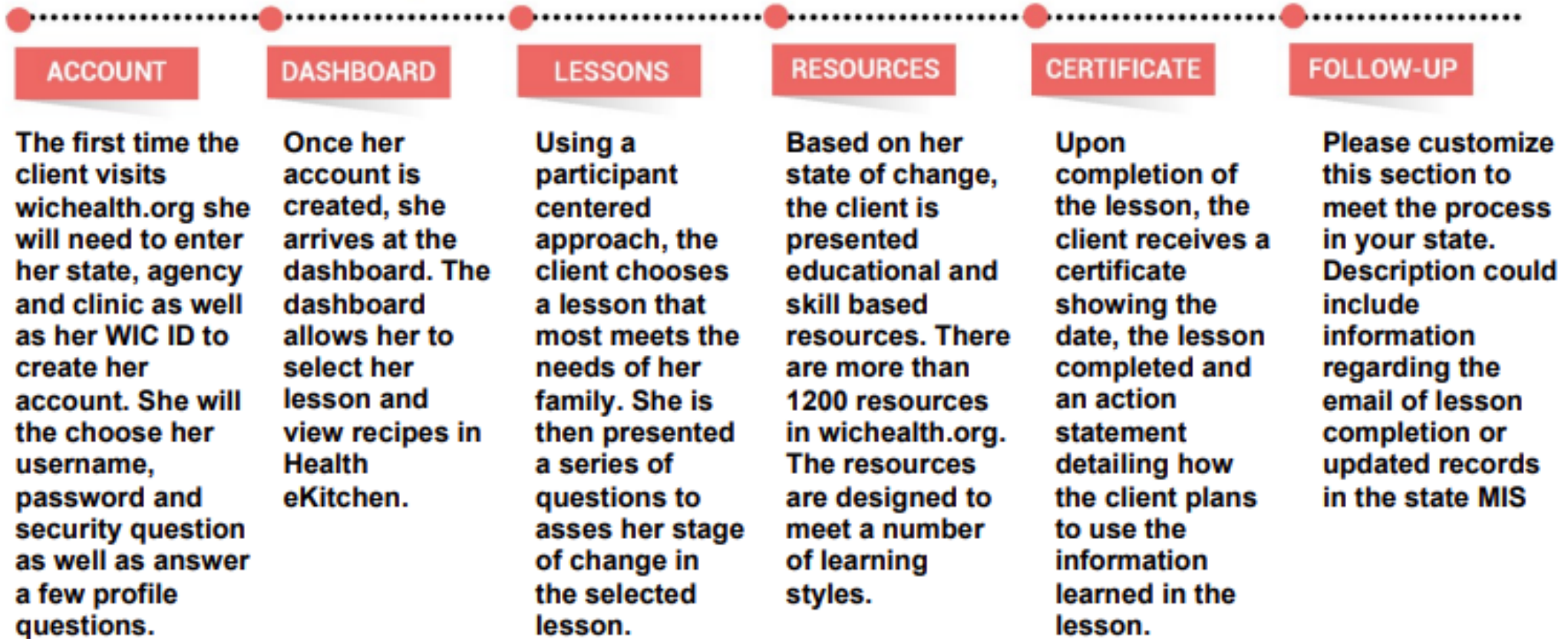
# ONLINE NUTRITION EDUCATION

- Benefits can be automatically loaded without a visit to WIC for required education (non-certification) visits
- Families must visit clinic every 6 months for certification and health check-ins



# HOW WICHEALTH.ORG WORKS

## How does wichealth.org work?



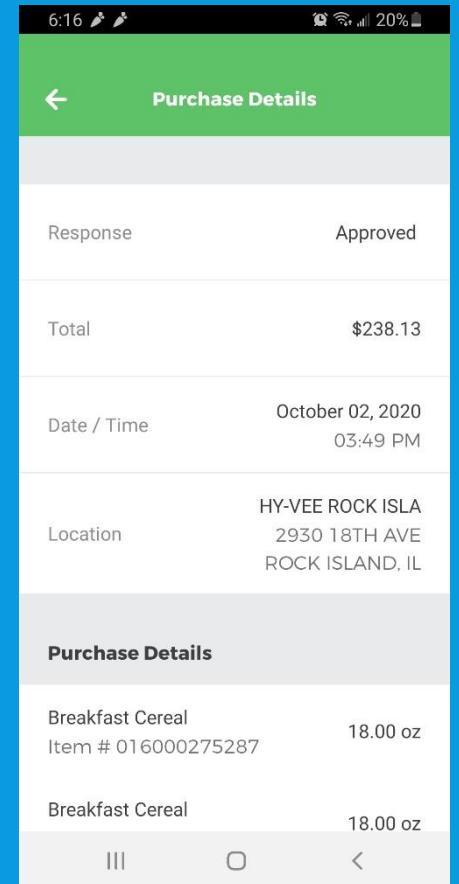
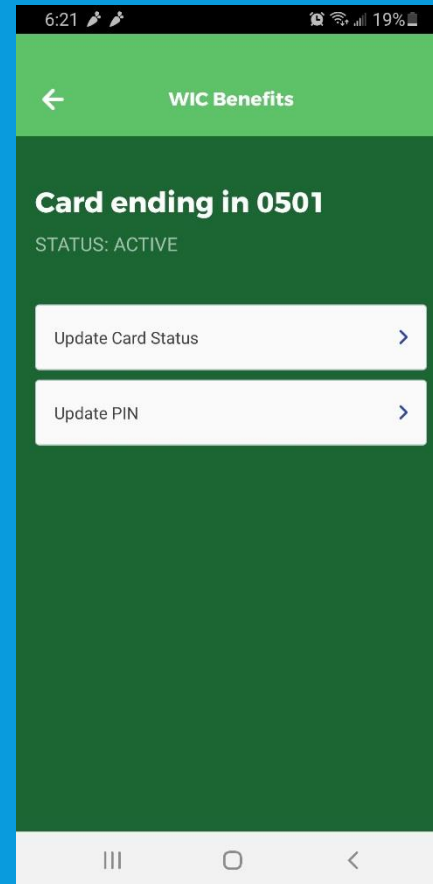
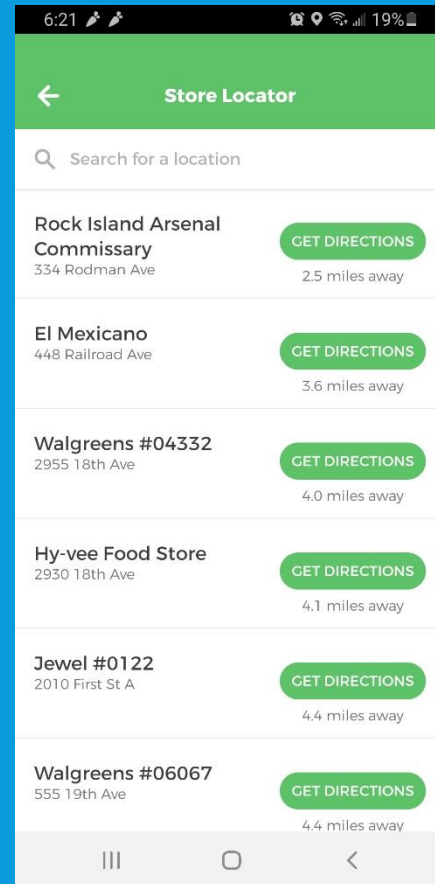
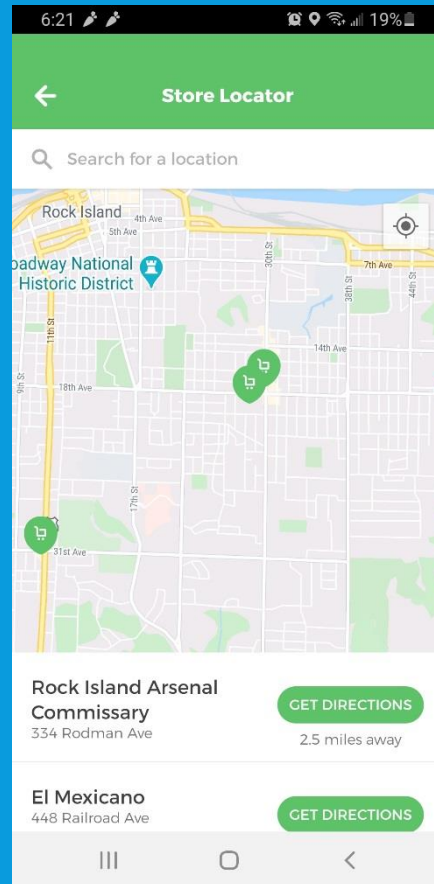
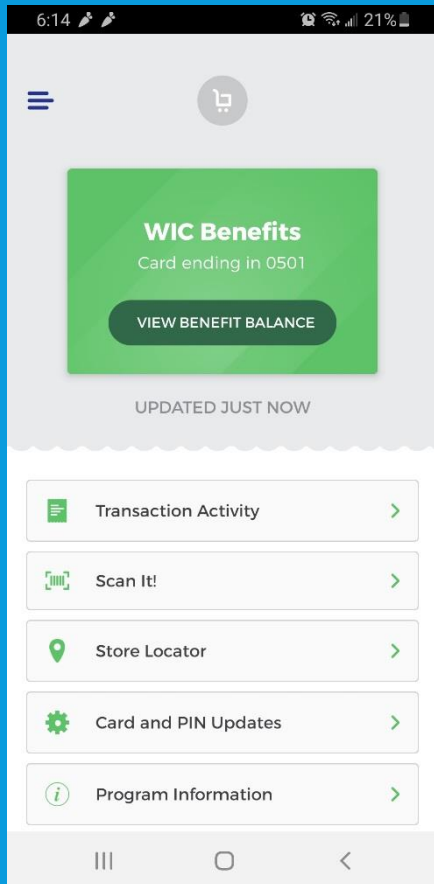
# EASY-TO-USE SMARTPHONE APP

- Download from App Store or Google Play
- Real-time available benefit
- Store locator
- Barcode scanner
- Transaction history
- Also can use on desktop with same login

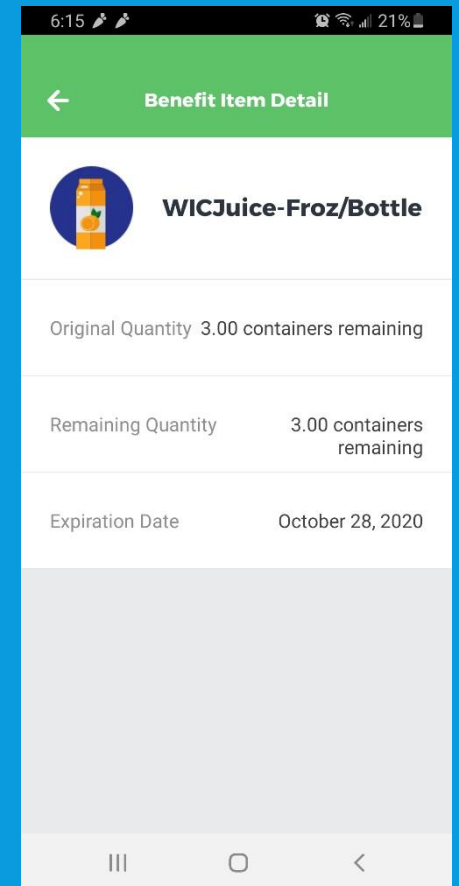
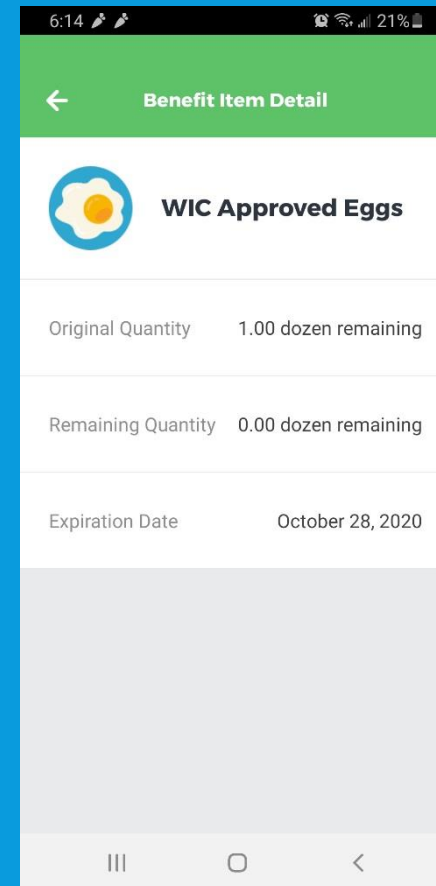
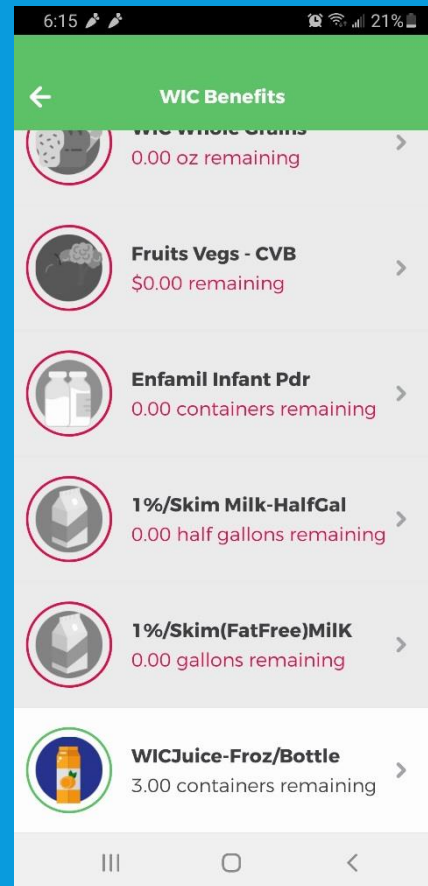
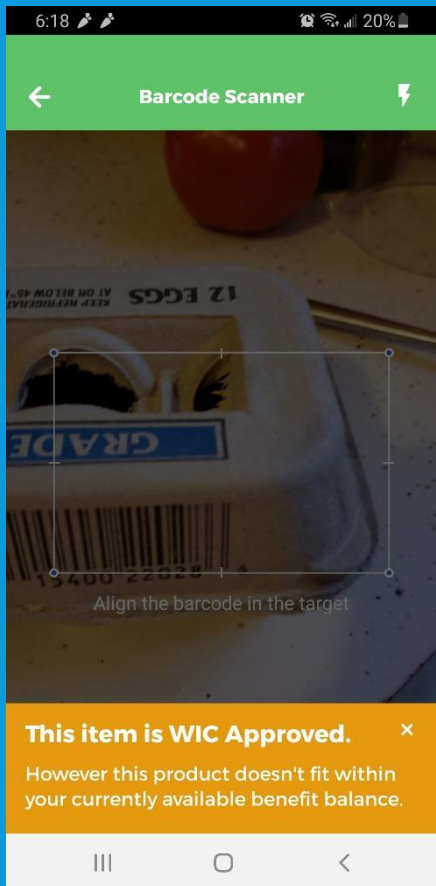


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# MORE ABOUT APP



# APP DETAILS



# 3 LOCATIONS, BUT 2 OPEN NOW



**Public Health**  
Prevent. Promote. Protect.

Rock Island County  
Health Department


- **Rock Island County Health Department**
  - 2112 25<sup>th</sup> Ave., Rock Island
  - Call 309-794-7070 for appointments
  - Hours: 8 a.m. to 4:45 p.m.
  - Monday to Friday
  - Walk-in hours : 8 a.m. to 4:15 p.m.
- **Moline Community Health Care**
  - 1106 4<sup>th</sup> Ave., Moline
  - Call 563-327-2074 for appointments
  - Hours: 8 a.m. to 4:30 p.m. Monday to Friday
  - Late clinic: 10 a.m. to 6 p.m. the first Wednesday of every month
- (Expected to reopen after pandemic ends)
  - **East Moline Community Health Care**
  - 708 15<sup>th</sup> Ave., East Moline
  - Call 563-327-2074 for appointments or 309-737-0923 on Mondays only
  - Hours: 8:30 a.m. to 4 p.m.



# FINAL NOTES

- Bring Yellow WIC card to all appointments.
- Yellow WIC card explains “how to do WIC” and participant rights and responsibilities .
- Call us right away if you lose your WIC EBT card.
- Don’t give out your PIN number or loan your card — benefits can’t be replaced if someone uses your card without your permission.
- Participants must contact WIC every 3 months – benefits don’t automatically load like the LINK card.
- We’re here to give babies a healthy start.

State of Illinois  
Department of Human Services  
Special Supplemental Nutrition Program for  
Women, Infants, and Children (WIC) I.D. Card

 This WIC Card must be presented at the clinic for food instrument (WIC Check/Coupon) issuance. Failure to do so may result in delayed pick up.

**Issuing Local Agency Information**  
(Name, Address, Phone and Fax Required)

ROCK ISLAND COUNTY HEALTH DEPARTMENT  
WOMAN, INFANT AND CHILDREN PROGRAM  
2112 - 25th AVE  
ROCK ISLAND, IL 61201  
PHONE: 309 - 794 - 7070  
FAX: 309 - 788 - 8315

**Participant Information**  
Family WIC I.D. # \_\_\_\_\_  
Name and WIC I.D. # \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signatures**  
Participant/Parent  
Guardian/Caretaker \_\_\_\_\_  
Other Parent/Proxy \_\_\_\_\_  
Other Parent/Proxy \_\_\_\_\_

# NONDISCRIMINATION STATEMENT

## **Current Nondiscrimination Statement for WIC**

(received 10.16.15, revised 1.6.16, 1.6.20)

### **USDA Nondiscrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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